



Your Life can Change from to-day

We provide professional assessment and counselling services to help people modify their gambling behaviour.

We also support change through our website with links to self help material.

If you know

you have a problem

or are simply wondering.

Do something—ring and make an appointment.

Talk it over.

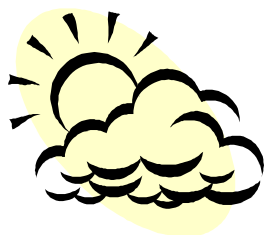
Your life can change from to-day....

Ph. 02 4344 7992

www.problemgambling.net.au

Central Coast Problem

Gambling Service



- FREE
- CONFIDENTIAL
- PROFESSIONAL
- COUNSELLING & ASSESMENT
- GROUPS
- INDIVIDUALS AND COUPLES
- FAMILIES AND FRIENDS OF PEOPLE WONDERING ABOUT OR RECOGNISING THAT THEIR GAMBLING IS A PROBLEM
- TALK TO US SOON TO BOOK A GAMBLING CHECK UP



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 Gambling Service
www.problemgambling.net.au
 Ph. 02 4344 7992
 Fax 02 4344792
 Email: ccpgs@bigpond.com

To be announced

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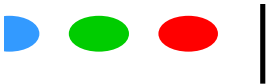
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You are more than a Gambler...



Open to a new vision



How would it be if gambling was out of your life ?

Many of our clients initially thought this was impossible.

However, they discovered they could do it.

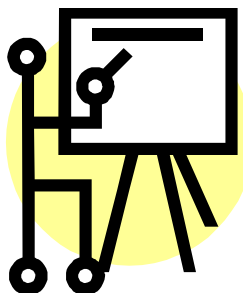
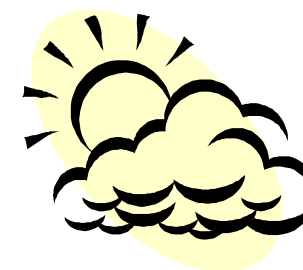
You too can find out how.

Phone 02 4344 7992

Or visit www.problemgambling.net.au

Or email: ccpgs@bigpond.com

We would like to help you



STOP

Take a Break.

Organize your priorities.

Put into Action.

Ph. 02 43 44 7992

Central Coast Problem Gambling Service

Providing free, confidential counselling and assessment to people who are wondering about their gambling or recognize they have a gambling problem and their family, friends or colleagues.

Staffed by professional counsellors .

TIP: If you haven't decided to stop gambling—at least record exactly how much you are gambling and losing.... Face Reality

TIP: When you decide to STOP—buy a notebook & make a written statement about this decision. Sign it. Carry it with you. Read it when you are tempted to gamble.